

Continuing Education

Registration Form

The Sandwich Generation: Caught in the Middle

Speaker: Alejandra Ceja-Aguilar

Wednesday February 10th, 2010

12 PM - 2:00 PM

Silverado Senior Living – Escondido

1500 Borden Road

Escondido, CA 92026

(760) 737-7900

Registration and lunch begins at 11:30am.

First Name: _____

Last Name: _____

License#: _____

Organization: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Would you like to receive 2 Free CEU's? Yes No

Registration Form should be mailed to:

Silverado Senior Living – Escondido

1500 Borden Road, Escondido, CA 92026

or faxed to (760) 737-8184



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EDUCATIONAL OBJECTIVES:

Upon completion of this course, participants will be able to:

- Overcoming the challenges of middle age.
- Maintaining a positive parent-child relationship.
- Providing support for aging parents, while being a parent.
- Improving communication between generations.
 - Preparing for the Golden Years.

2 free contact hours of Continuing Education Units provided by Silverado Senior Living:



Provider approved by the California Board of Behavioral Sciences, Provider Number PCE 2431 for two contact hours.

Provider approved by the California Board of Registered Nursing, Provider Number 13550 for two contact hours.



Continuing Education

Speaker

Alejandra Ceja-Aguilar

Director of Education and Outreach
SCRC

Alejandra Ceja-Aguilar has a Bachelor's degree in Psychology from the University of Utah and a second Bachelor's in Spanish from the Universitat Autònoma de Barcelona.

In 2005, she obtained a Master's in Counseling from the University of San Diego.

She is currently the Director of Education and Outreach for Southern Caregiver Resource Center in San Diego.



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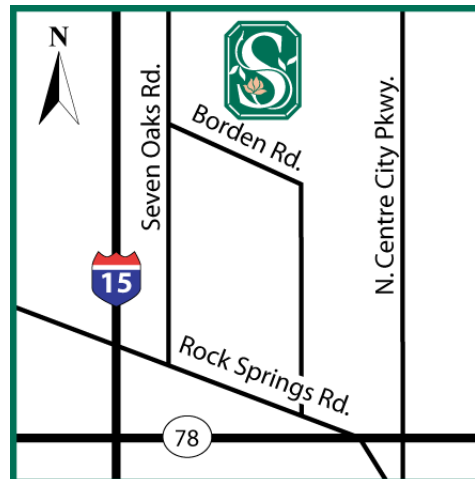
– Escondido –

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www.silveradosenior.com



1500 Borden Rd., Escondido, CA 92026

C•E•U
Feb. 10th