**Flourish - Supportive Living Services from SCRC**

Southern Caregiver Resource Center provides the highest level of services to families of individuals with developmental disabilities and/or Traumatic Brain Injuries (TBI), in order to enhance each individual’s health, choices, freedom, and dignity. Everyone who receives these services comes with their own unique characteristics and desires which is why this program creates individualized plans to meet their own unique needs. **Our focus is that each individual receives a person-centered approach to promoting their independence.**  
  
The **Flourish - Supportive Living Services** program has been designed to meet the needs of individuals living with developmental disabilities, to include Intellectual Disabilities, Cerebral Palsy, Epilepsy, Autism and/or brain injuries such as Acquired Brain Injury (ABI) and/or Traumatic Brain Injury (TBI) before the age of 18 years. SCRC’s Supportive Living Services provide support to qualified individuals as well as to family caregivers through comprehensive services such as caregiver education and training, disease specific resources and caregiver fact sheets. **The overall goal is to promote safe independence of individuals 18 years of age or older living within their own home.** This service will be provided in the person-centered model of care, enhancing individual autonomy and independence, personal worth, dignity, and privacy. Any limitations will be supported with the least restrictive support necessary to maintain individual’s safety while allowing for autonomous participation.

Assistance is provided according to need in completing independent activities of daily living such as with hygiene, making breakfast, preparing for a workday or for an outing; all while living in a safe environment. Additionally, participants of this program will be supported in managing a weekly calendar, scheduling medical appointments, and setting up the best form of transportation for their upcoming week.

**Activities of Daily Living**

* Ambulating
* Feeding
* Dressing
* Personal hygiene
* Continence and toileting

**Medical Assistance**

* Scheduling, as well as transportation to and from, doctor’s appointments
* Navigating medical appointments
* Labs, radiology, and treatments
* Medication management

**Nutrition**

* Meal planning and preparation
* Cooking and storing meals and snacks

**...as well as Financial Literacy and MORE!**

To connect with Southern Caregiver Resource Center and learn more about the Flourish - Supportive Living Services program, eligibility, and enrollment, please contact us:

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